

SANDY CREEK PRIMARY SCHOOL NEWSLETTER

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SANDY CREEK
Primary School

RESPONSIBILITY RESPECT EXCELLENCE

*Respect
Responsibility
Excellence*

From the Principal

I would like to say a big thank you to all staff who have managed so ably while I have been at camp and leadership training sessions in the last few weeks, with a special thankyou to Lauren for being Teacher-in-charge.

Thank you also to the families who attended acquaintance night and the Governing Council AGM last Wednesday. It was lovely to see a good number of families present and to have time to chat to many of you.

Robyn Gibbes

Governing Council 2018

Our new Governing Council and office bearers have been elected and will have their next meeting on Wednesday 22nd March at 6.30pm in the Resource Centre. Congratulations to those re-elected to positions on **Governing Council** and a special welcome to new members. I look forward to working with the team and making plans for 2018 and beyond.

SCPS Governing Council: 2018

Tracy Mattner: Chairperson
Anna Lobegeiger: Vice Chairperson
Dannielle Tregeagle: Treasurer
Judy Smart: Assistant Treasurer
Renee Gale: Secretary
Chandra Turner
Tracey Egyud
Tania Lewis
Irene de Visser
Kayelene Hanton

Staff will also be represented on Governing Council. This term our representative is Shawnee Mephram.

I would also like to pay tribute to retiring members Dana Thomsen, Paula Brennan, Carolyn Bleeze and Liz Finch who have fulfilled their duties most capably and were on hand at many school events to support our work. Paula, Carolyn and Liz will continue to work with us in different ways this year (Paula on the Fundraising Committee, Carolyn as a grandparent and Liz as a parent on the Nature Play Committee). Thank you for your many years of service. Dana Thomsen was a very able and supportive Chairperson of the Governing Council for the last two years. I appreciated her support as I settled into my new role here and wish her all the best.

Student Representative Council

SRC voting was held on Wednesday 21st. Well done to all students who created posters and gave speeches. It was great to see a large number of students willing to put themselves in the running and "have a go".

Congratulations to our 2018 SRC members:

Banksia Room: Bethany and Jarrah
Eucalyptus Room: Myra, Kayla, Amelia T and Felix L
Waratah Room: James (*Chair person*), Seth (*Vice Chairperson*), Jasper (*Treasurer*), Lisa (*Secretary*), Frances and Jamie (*Publicity Officers*)

These students now have the great responsibility to act on behalf of and in the best interests of all students at Sandy Creek.

The mid term assembly will be held on **Wednesday February 28th** where we will be inducting our 2018 SRC members. It will be at **2.45 pm** in the Resource Centre.

School Diary Dates 2018

February

Tuesday 27th

Staff leaving straight after school for Buddy staff meeting

Wednesday 28th

2:15pm SRC afternoon tea
2:45pm Assembly

March

Monday 5th

R-7 Police Presentation

Thursday 8th

R-7 Life Education Van

Friday 9th

Pupil Free Day

Monday 12th

Adelaide Cup Public Holiday

Wednesday 21st

Harmony Day
6:30pm Governing Council

Thursday 22nd

NAPLAN Practice Test online

Tuesday 27th

Young Leaders' Day

Friday 30th

Good Friday

April

Monday 2nd

Easter Monday

Tuesday 3rd

-**Thursday 6th**

Parent Teacher Interviews

Fruit Roster

To encourage healthy eating, we ask that parents donate a selection of fruit for students to have for Wednesday recess. We will kick this off next week. Thank you for participating.

Wednesday 28th February Connor, Culley
Wednesday 7th March Dalglish, Davis
Wednesday 14th March De Visser, Egyud

Skoolbag App

Thank you to the many families who have so promptly begun using the Skoolbag App. If you have not already installed Skoolbag, please install Skoolbag for Sandy Creek Primary School on your Smartphone. We will be using this app to send home newsletters, reminders and quick notifications such as when the school is closed for a catastrophic fire risk day. After today's newsletter we will **only send paper newsletters home to those families who have specifically requested a paper newsletter on the attached form.**

Police Presentations

On Monday 5 March the Barossa Local Service Area Police will be working with our students. R-4 students will do a session on Policing in the Community and 5-7 students will do a session on Bullying and Violence. These sessions are part of our health curriculum and are free for all students to attend.

Playgroup

Hi Everyone,
It's great to be back at Playgroup for 2018. I've been associated with Playgroup for 15 years now on and off and co-ordinator for 7 years. It's great to be part of the community here at Sandy Creek.
Looking forward to another fun year.
Playgroup is on every Monday in the Resource Centre at 9:30am.

Lorri Williams

Student Leadership Positions

This year we once again have a wide range of opportunities for Student Voice and Leadership. In addition to the SRC, various **Actions Teams** have been set up across R-7. Children were required to apply for these positions through an application process which included a referee statement. There were many applicants for these important roles and we appreciate the effort students have put into this work.

Congratulations to the following students:

Student Librarians: Lisa, Angas, Balin, Elisha and Osha

Gardening Team: Alex J, Emelia H, Myles, Macaroly, Max, Luke, Teagan

Wellbeing Coordinators: Sienna, Francess

Nature Play Team: Kaine, Izayah, Kayla, Myra, Amelia, Ella G

Sports Action Team Terms 1 and 2: Jaye, Sampson, Jamie, Luke, River and Joseph

Sports Action Team Terms 3 and 4: Seth, Osha, Angas, Olivia and Charlie

Digital Leaders: Jasper, Noah, Myles, Adrian and Kirra

The first named student in each team is the leader of the team in collaboration with a staff member. We look forward to the work that will be done by the SRC and the above teams throughout the year.

Pastoral Care Worker

Hello again for this year! Just in case you were wondering...I have a letterbox! :) It is in the front office on the bookshelves as you enter on the left. This has been 'installed' as some children were looking for alternative ways to contact me. They know that they can speak with their teacher, Dr. Gibbes, Donna or myself personally. This is another means of contact.

This year the students (and staff) were treated to a BBQ pancake recess with all the toppings! This was to celebrate Shrove (or Pancake) Tuesday. I would love to thank Leslee, Lynette and Cathy from the Sandy Creek Uniting Church who provided most of the ingredients, cooked and served with a smile! The Year 5-7 students also had a visit from Jayne from St. Vincent de Paul. Jayne is a School and Community Officer, and she broadened our students' understanding of disadvantage, social justice and poverty around Adelaide as a whole, and also in our nearby suburbs. I could see the students' 'brains ticking' as she spoke!

Christina

Interoception

You may have heard some of our students reference "flipping the lid". As part of building interoception awareness we have learnt about the hand-brain model. You can find a video to further explain this concept at this link: <https://www.youtube.com/watch?v=5CpRY9-MIHA>

Sometimes we have so many things going on in our worlds that we can't help but "flip our lid". This happens when our emotions override our logical part of the brain. It may be the result of over excitement OR anger and anxiety. When this happens we can go into a flight, fright or freeze response. It is very hard to remain engaged with learning and people when our "lids have flipped". Interoception activities help us keep our brains in control because we are learning to pay attention to our body clues such as temperature, heart rate, muscle tension, breathing as well as emotional responses. Feeling pain, discomfort or even hunger can also lead us to "flipping our lid".

We'd love for you to have a conversation at home about how your child knows they are angry, anxious OR even hungry.

The Three Main Parts Of Your Brain by Dr. Russ Harris

www.youtube.com

Written and narrated by Dr Russ Harris, an acclaimed ACT trainer and author of The Happiness Trap. To learn more about Dr. Harris's new & exciting online Acceptance ...

Anna Johnson

Resource Centre

We only had 3 over-dues last week. Well done for returning your books on time! Don't forget, the library is open for borrowing and quiet reading on Monday and Wednesday mornings from 8:45 to 9:00am. Parents and younger siblings not yet at school can now borrow from our library too. If you're interested in doing so, please come and see me in the morning and I will create a borrowing account for you. Have you seen our new books? Jack and Billie are waiting for you! *Kaye Hanton*

SSO spotlight

Hi Chandra, How long have you been an SSO?
4 years

What did you do before you were an SSO?
I was a support worker in early intervention at Autism SA

What training have you had for your work?
I have done much training around Autism and other disabilities, SMART training, Positive Education training, Kimochis, Interoception, MiniLit, TooSmart, QuickSmart, What's the buzz and Social and emotional Literacy, Jolly Phonics and some speech and language.

What is your favourite part of being an SSO?
I like building positive relationships with children and supporting them in all aspects of their journey through primary school. I dig it so much it's more than 'just a job'!

Chandra—interviewed by Emma

Mud Kitchen

A huge thankyou to Tracy Egyud and the Men's Shed for our new mud kitchen. Tracy organised for this via setting up recycling to fundraise and then purchase the Mud Kitchen. Students are loving this new addition to our yard. We now need more pots and pans if anyone would like to donate!





Hope through art

PRIMARY SCHOOL ART COMPETITION

OPEN TO ALL 2018 SA PRIMARY SCHOOL CHILDREN

BRINGING TOGETHER ART AND SOCIAL JUSTICE

All winning entries will be displayed in the

Vinnies Women's Crisis Centre

WIN PRIZES

COMPETITION OPENS 14 APRIL 2018 AND ENTRIES CLOSE 1ST JUNE 2018

For terms and conditions, categories and how to enter visit

www.vinniesartcomp.org.au

Skoolbag and Paper Newsletters

By now most families should have installed the Skoolbag App. This will be a main means of communication for families, especially for newsletters and urgent messages for all families. If you are uncertain about how to install this app or how to use the app please see Robyn or Donna. I have been impressed to discover some families already using the absentee form to notify us of absences! Donna, Chris and Robyn are continuing to learn more about the potential of this app and you will find more information coming out via the app in future.

For now all newsletters will be pushed out via the app. You can identify on the app if you wish to receive a notification on your phone, via email or both. If you still wish to receive a paper copy of the newsletter please complete the form below and return it to school by Monday 5 March. Newsletters will no longer be sent home to every family in paper form.

Please continue to send home a paper copy of the newsletter every second Monday.

Name: _____

Signature: _____

Oldest student's name: _____